

अष्टाङ्ग योग मंत्रम्

Aṣṭāṅga Yoga Mantram

ॐ

वन्दे गुरुणां चरणारविन्द्

vande gurūṇāṁ caraṇāravinde

सन्दर्शितस्वात्म सुखाव बोधे ।

sandarśitasvātma sukhāva bodhe ।

निः श्रेयसे जङ्गलिकायमाने

niḥ śreyase jaṅgalikāyamāne

संसार हालाहल मोहशांत्यै ॥

samsāra hālāhala mohaśāntyai ॥

आबाहु पुरुषाकारं

ābāhu puruṣākāram

शंखचक्रासि धारिणम् ।

śaṅkhacakrāsi dhāriṇam ।

सहस्र शिरसं श्वेतं

sahasra śirasam śvetam

प्रणमामि पतञ्जलिम् ॥

praṇamāmi patañjalim ॥

ॐ

I pray to the lotus feet of the supreme Guru,
Who teaches the good knowledge, showing the way
To knowing the self-awakening great happiness,
Who is the doctor of the jungle, able to remove
The poison of the ignorance of conditioned existence.

In his guise as the divine servant,
With 1000 white radiant heads,
Human in form below the shoulders,
Holding the sword of discrimination,
 The fire wheel of time,
And the conch of divine sound,
To the sage Patanjali I prostrate.

मङ्गल मंत्रम्

Maṅgala Mantram

ॐ

स्वस्ति प्रजाभ्यः परिपालयन्ता

svasti prajābhyaḥ paripālayantām

न्यायेन मार्गेण महीं महीशाः ।

nyāyena mārgena mahīṁ mahīśāḥ ।

गो ब्राह्मणेभ्यः शुभमस्तु नित्यं

go brāhmaṇebhyah śubhamastu nityam

लोकाः समस्ताः सुखिनो भवन्तु ॥

lokāḥ samastāḥ sukhino bhavantu ॥

ॐ

शान्तिः शान्तिः शान्तिः

Let prosperity be glorified,
Let the rulers rule the world with law and justice;
Let divinity and erudition be protected,
Let the people of the world be happy and prosperous.